

Wear Out The Net Basketball Academy

Hard Work Now...Pays Off Later... Summer Basketball 2009



WEAR OUT THE NET

BASKETBALL ACADEMY

At Wear Out The Net Basketball Academy we believe off season is the perfect time for players to master their skills. Our philosophy centers on the making of a complete basketball player through the combination of skill development and game play. We want to inspire you to become a better basketball player by offering specialized camps in a small group setting, which ensures play throughout the summer. Make the weekly commitment to sharpen your moves, learn to master post and perimeter play and become a confident shooter. Each week we will challenge you to achieve the fundamental skills necessary to become an all around player. Take time to focus on your game this summer and be a better player next year! Sign up NOW!

Skill Development Camp -\$125

- Footwork
- Ball handling
- Shooting
- Individual offensive moves
- Individual defensive moves
- Passing
- 3 on 3, 4 on 4
- Defensive and Offensive Rebounding
- 30 minute individual basketball workout
- Drills to make you a complete basketball player

Post Play Position Camp-\$125

- Low post moves
- Post defense
- Reading the defender
- Footwork
- Post moves in a motion offense
- Offensive and defensive rebounding techniques
- Setting and using screens
- Passing and receiving the basketball
- Post play for a fast break
- Passing from the post area

Perimeter Play Position Camp-\$125

- Ball handling/dribbling
- Attacking the defensive player
- Perimeter individual defense
- Becoming a "smart" player
- Footwork
- Read the defense-attack and kick-out
- Fast break decisions
- Perimeter moves in a motion offense
- Passing to the post area
- Creating shooting opportunities

Shooting and Scoring Camp (6,000 Shot Club)-\$150

- Three station format

Station One: Shooting drills using the Dr. Dish Shooting Machine

Station Two: Attacking the basket using a variety of chair drills

Station Three: Shooting drills involving moving without the basketball

*EACH PLAYER WILL ROTATE AT EACH STATION DURING THE ONE HOUR SESSION

(Place an "x" by the camp(s) you are registering.)
Grade going into 2009-10

Skill Development <u>Camps</u> (Grades 4 th -9 th)	Post and Perimeter Play <u>Position Camps</u> (Grades 7 th -12 th)	Scoring and Shooting <u>Camps</u> (5,000 Shot Club)
Session #1: (Boys) Dates: Five Mondays (90 min.) (6/8, 6/15, 6/22, 6/29, 7/6) _____ 4 th Grade Boys(12-1:30) _____ 5 th Grade Boys(1:30-3) _____ 6 th Grade Boys(3-4:30)	Session #5: (Post Players) Dates: Five Wednesdays (90 min.) (6/10, 6/17, 6/24, 7/1, 7/8) _____ 7 th -9 th Grade Girls(8:30-10) _____ 7 th -9 th Grade Boys(10-11:30) _____ 10 th -12 th Grade Girls(12-1:30) _____ 10 th -12 th Grade Boys(1:30-3)	Session #9: (Boys and Girls) Dates: Ten Fridays (60 min.) (6/12, 6/19, 6/26, 7/3, 7/10 7/17, 7/24, 7/31, 8/7, 8/14) _____ 6 th -7 th Grade Girls(9:00-10:00) _____ 6 th -7 th Grade Boys(10:00-11:00) _____ 8 th -9 th Grade Girls(11:00-12:00) _____ 8 th -9 th Grade Boys (1:00-2:00) _____ 10 th -12 th Grade Girls (2:00-3:00) _____ 10 th -12 th Grade Boys (3:00-4:00) *One make-up session will be provided on Sunday, July 12(6-7pm)
Session #2: (Girls) Dates: Five Tuesdays (90 min.) (6/9, 6/16, 6/23, 6/30, 7/7) _____ 4 th Grade Girls(12-1:30) _____ 5 th Grade Girls(1:30-3) _____ 6 th Grade Girls(3-4:30)	Session #6: (Post Players) Dates: Five Wednesdays (90 min.) (7/15, 7/22, 7/29, 8/5, 8/12) _____ 7 th -9 th Grade Girls(8:30-10) _____ 7 th -9 th Grade Boys(10-11:30) _____ 10 th -12 th Grade Girls(12-1:30) _____ 10 th -12 th Grade Boys(1:30-3)	***COST OF CAMPS*** Skill Development Camps: \$125 Post/Perimeter Position Camps: \$125 Scoring/Shooting Camps: \$150
Session #3: (Boys) Dates: Five Mondays (90 min.) (7/13, 7/20, 7/27, 8/3, 8/10) _____ 4 th Grade Boys (8:30-10) _____ 5 th Grade Boys(10-11:30) _____ 6 th Grade Boys(12-1:30) _____ 7 th -9 th Grade Boys(1:30-3)	Session #7: (Perimeter Players) Dates: Five Thursdays (90 min.) (6/11, 6/18, 6/25, 7/2, 7/9) _____ 7 th -9 th Grade Girls (8:30-10) _____ 7 th -9 th Grade Boys(10-11:30) _____ 10 th -12 th Grade Girls(12:-1:30) _____ 10 th -12 th Grade Boys(1:30-3)	
Session #4: (Girls) Dates: Five Tuesdays (90 min.) (7/14, 7/21, 7/28, 8/4, 8/11) _____ 4 th Grade Girls (8:30-10) _____ 5 th Grade Girls (10-11:30) _____ 6 th Grade Girls (12-1:30) _____ 7 th -9 th Grade Girls (1:30-3)	Session #8: (Perimeter Players) Dates: Five Thursdays (90 min.) (7/16, 7/23, 7/30, 8/6, 8/13) _____ 7 th -9 th Grade Girls (8:30-10) _____ 7 th -9 th Grade Boys (10-11:30) _____ 10 th -12 th grade Girls (12-1:30) _____ 10 th -12 th Grade Boys (1:30-3)	

Name _____ Grade (09-10) _____ Gender M F

Address _____ City/Zip _____

Phone _____ e-mail _____

Session #(s) _____ Total amount paid \$ _____

Camp T-Shirt size(Adult sizes): S M L XL XXL

I authorize the directors of Wear Out The Net Basketball Academy to act for me according to their best judgment in any emergency requiring medical attention.

Parent or Guardian's Signature _____ Date _____

Return registration to:
Wear Out The Net Basketball Academy
9913 214th Street West, Suite E
Lakeville, MN 55044

Make checks payable to: Wear Out The Net, Inc.
 *Payment is non-refundable except for injury.

Call or e-mail us for additional information:
 (952)469-5513
wearoutthenet@frontiernet.net

For office use only:
 Session # _____
 Paid check # _____
 T-shirt size _____